



20 ways to use your worklife services benefit Aetna Resources For LivingSM

Balancing work, life and family can be tough. You don't always know who to call. With worklife and legal/financial services, you've got help right at your fingertips. You can call us to get in touch with the right resources for all your everyday needs.

We're here for small issues, big problems and everything in between. Check out this list of reasons why people often contact us.

You and your family members can get help with:

1. A great school
2. Home cleaning services
3. Nanny or au pair agencies
4. Car repair services
5. Meal programs for older adults
6. Support groups
7. Pet sitters
8. Places to go out to dinner
9. Help with relocation
10. Home health care
11. Adoption information
12. Transportation services
13. Fun things to do
14. Care for children with special needs
15. Lawn care services
16. Assisted living
17. Summer camps
18. Before and after school programs
19. Pregnancy resources
20. New sights to see

You can call us for free assistance 24/7/365.

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