Trainee and Affiliate Benefit Program (TABP)

How to Find a Provider Using the Insurance Carrier Directory

Important Note: Before selecting or visiting a provider, please call them to confirm if they are still an "In-Network Provider" with the insurance carrier.

Plan Type	Instructions
Medical HMO: Aetna	1. Visit: http://www.aetna.com/dse/search?cid=ppc-700000001035216-Branded_Tools_Exact-DocFind-aetna%20docfind&s_dfa=1 2. Enter the type of provider or facility (example: General Practice) in the space **"Search for"** 3. Enter your zip code or city/state in the space **"in"** 4. Click the **"SEARCH"** button 5. From the **"Select a Plan"** drop-down menu, under **Aetna Standard Plans**, select *HMO* 6. At this point, you may either narrow you search by the criteria provided, or view a list of physicians. The physicians will be listed in groups of 50, in alphabetical order. If you have any questions, you may contact Aetna at 1-877-402-8742.
Medical POS: Aetna	1. Visit: http://www.aetna.com/dse/search?cid=ppc-700000001035216-Branded_Tools_Exact-DocFind-aetna%20docfind&s_dfa=1 2. Enter the type of provider or facility (example: General Practice) in the space **"Search for"** 3. Enter your zip code or city/state in the space **"in"** 4. Click the **"SEARCH"** button 5. From the **"Select a Plan"** drop-down menu, under **Aetna Open Access Plans**, select *Managed Choice POS (Open Access)* 6. At this point, you may either narrow you search by the criteria provided, or view a list of physicians. The physicians will be listed in groups of 50, in alphabetical order. If you have any questions, you may contact Aetna at 1-877-402-8742.

Medical HMO: Kaiser	**With the Kaiser HMO Plan, you don't choose a Primary Care Physician, you simply choose the nearest Kaiser facility for your care.** 1. To find the nearest Kaiser facility for your care, visit: https://healthy.kaiserpermanente.org/doctors-locations If you have any questions, you may contact Kaiser at: 1-800-464-4000
Dental HMO: Aetna	1. Visit: http://www.aetna.com/dse/search?cid=ppc-700000001035216-Branded_Tools_Exact-DocFind-aetna%20docfind&s_dfa=1 2. Under **Common Searches**, click on **Dentists (Primary Care)** 3. Enter your **zip code** when the pop up box appears. *We recommend that you use your home zip code to narrow your search.* 4. Select **"Primary Care Dentist"** 5. Under **DMO/Managed Dental**, select **Dental Maintenance Organization (DMO)** 6. At this point, you may either narrow you search by the criteria provided, or view a list of dentists. The dentists will be listed in groups of 50, in alphabetical order. 7. You will need to enter the Primary Care Dentist's office number in the appropriate space in the enrollment form. If you have any questions, you may contact Aetna at 1-877-402-8742.
Dental PPO: Aetna	1. Visit: http://www.aetna.com/dse/search?cid=ppc-700000001035216-Branded_Tools_Exact-DocFind-aetna%20docfind&s_dfa=1 2. Enter the type of provider or facility (example: Dentist) in the space **"Search for"** 3. Enter your zip code or city/state in the space **"in"** 4. Click the **"SEARCH"** button 5. From the **"Select a Plan"** drop-down menu, under **Dental PPO/PDN**, select *Dental PPO/PDN* 6. At this point, you may either narrow you search by the criteria provided, or view a list of dentists. The dentists will be listed in groups of 50, in alphabetical order. If you have any questions, you may contact Aetna at 1-877-402-8742.

Vision: EyeMed	1. Visit: https://www.eyemedvisioncare.com/locator/locator.emvc;JLOCATORSESSION=CGpBZSJhqWpmZrfp9ghC8gypglp170dSw1MfPTPpnjMz2PQBTK8c!-832246212?execution=e1s1 2. Enter your **Zip Code** 3. Under *Choose Network*, use the drop down menu and choose ***"Select"*** 4. Under *What else is important?,* you may select any additional items 5. Click on **Get Results** If you have any questions, you may contact EyeMed at 1-866-939-3633.