

New Postdoc Enrollment

The George Washington University is committed to offering you a comprehensive benefits package that meets you and your family's needs.

Take advantage of the wealth of resources available to help as you review the variety of programs offered including your health and welfare benefits' options, life insurance and disability, as well as well-being support.

Please read the [Benefit Program Guide](#) for an overview of the benefits and perks offered to GW Postdocs.

You may be eligible for additional benefits based on your postdoc classification, please visit the GW Benefits webpage at hr.gwu.edu/postdoc_benefits for eligibility and plan details.

Enrollment Deadline

Unless otherwise noted, you have 30 calendar days from your Date of Hire to [enroll online](#) and submit any required supporting documentation for your health and welfare benefits.

Coverage Effective Date

The coverage effective date for most benefits is the first day of the month following your appointment date. If your appointment date is coincident with the first day of the month, the coverage effective date for most benefits is your appointment date.

If you do not enroll at that time, you will need to wait until Annual Open Enrollment (unless you have a qualifying life event (QLE). Changes made during Annual Open Enrollment are effective January 1 of the following year.

Available on Demand Benefits overview

Please click [here](#) to launch the benefits overview for you as a new hire.