



Northwestern University Non-Employee Postdoctoral Scholar Benefit Program

How to Find a Provider Using the Insurance Carrier Directory

Important Note: Before selecting a medical, dental or vision provider, please call the provider’s office to confirm if they are still an “In-Network Provider” with the insurance carrier.

| Plan Type | Instructions |
|---------------------------|---|
| Aetna Medical HMO: | <p>To Find a Medical Provider</p> <ol style="list-style-type: none"> 1. Visit: http://www.aetna.com/dse/search?cid=ppc-700000001035216-Branded_Tools_Exact-DocFind-aetna%20docfind&s_dfa=1 2. Enter the type of provider or facility (example: General Practice) in the space “Search for” 3. Enter your zip code or city/state in the space “in” 4. Click the “SEARCH” button 5. From the “Select a Plan” drop-down menu, under Aetna Standard Plans, select HMO 6. At this point, you may either narrow you search by the criteria provided, or view a list of physicians. The physicians will be listed in groups of 50, in alphabetical order. <p>If you have any questions, you may contact Aetna at 1-877-402-8742.</p> |
| Aetna Medical PPO: | <p>To Find a Medical Provider</p> <ol style="list-style-type: none"> 1. Visit: http://www.aetna.com/dse/search?cid=ppc-700000001035216-Branded_Tools_Exact-DocFind-aetna%20docfind&s_dfa=1 2. Enter the type of provider or facility (example: General Practice) in the space “Search for” 3. Enter your zip code or city/state in the space “in” 4. Click the “SEARCH” button 5. From the “Select a Plan” drop-down menu, under Aetna Standard Plans, select PPO 6. At this point, you may either narrow you search by the criteria provided, or view a list of physicians. The physicians will be listed in groups of 50, in alphabetical order. <p>If you have any questions, you may contact Aetna at 1-877-204-9186</p> |

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| <p>Guardian Dental DHMO:</p> | <p>To Find a Dental Provider</p> <ol style="list-style-type: none"> 1. Visit: https://www.guardiananytime.com/fpapp/FPWeb/dentalSearch.process 2. Enter your City, State or Zip Code 3. Select your dental plan, which is the Managed Dental Care 4. Click Search 5. A list of dentist will appear 6. You may narrow your selections down by Name/Address, Distance, Office Status or by Specialty. <p>If you have any questions, you may contact Guardian at 1-800-459-9401.</p> |
| <p>Guardian Dental PPO:</p> | <p>To Find a Dental Provider</p> <ol style="list-style-type: none"> 1. Visit: https://www.guardiananytime.com/fpapp/FPWeb/dentalSearch.process 2. Enter your City, State or Zip Code 3. Select your dental plan, which is the PPO 4. Click Search 5. A list of dentist will appear 6. You may narrow your selections down by Name/Address, Distance, Office Status or by Specialty. <p>If you have any questions, you may contact Guardian at 1-800-459-9401.</p> |
| <p>EyeMed Vision:</p> | <p>To Find a Vision Provider</p> <ol style="list-style-type: none"> 1. Visit: https://www.eyemedvisioncare.com/locator/locator.emvc;JLOCATORSESSION=hpKhYv6DgJvqV9gpdJ64QCTVqJGMY2gTbvDxvJCthMLhfpJQdL7p!-1868329330?execution=e1s1 2. Enter your Zip Code 3. Under Choose Network, choose "Select" 4. You may select an additional search option under "What else is important?" 5. Click "Get Results" 6. A list of Vision Providers will be provided online <p>If you have any questions, you may contact EyeMed at 1-866-723-0513.</p> |