

Medical Plan Comparisons:

Blue Cross Blue Shield of IL & United Healthcare

Northwestern University - Postdoctoral Benefit Program

1/1/2026 Carrier Migration

HMO Medical Benefit Analysis



Core Benefits (what member pays)	BCBS of Illinois - In Network			UHC Navigate HMO UHC of IL - In Network		
Maximum Out of Pocket (Medical):	\$1,500 Individual/\$3,000 Family			\$1,500 Individual /\$3,000 Family		
Maximum Out of Pocket (RX):	\$1,500 Individual/\$10,200 Family			N/A		
<u>Deductible:</u>						
Individual -	None			None		
Family	None			None		
Lifetime Maximum	Unlimited			Unlimited		
Routine Physical Exams	No Copay			No Copay		
Office Visit	\$25 Copay			\$25 Copay		
Office Visit - persons under 19yo	\$25 Copay			No Copay		
Specialist Office Visit	\$35 Copay			\$35 Copay		
Diagnostic Tests	No Copay			No Copay		
Major Diagnostic & Imaging	No Copay			No Copay		
<u>Hospitalization:</u>						
Inpatient -	\$500 Copay per admission			\$500 Copay per admission		
Outpatient Surgery -	\$250 Copay per visit			No copay		
Maternity -	\$500 Copay per admission			Amount you pay is based on where the covered health care service is provided.		
<u>Prescription Drugs:</u>	In-Network Retail (30 days)	In-Network Mail Order (90 days)	Out-of-Network Provider	In-Network Retail (31 day)	In-Network Mail Order (90 day)	Out-of-Network Provider
Generic	\$10 Copay	\$20 Copay	Not Covered	\$10	\$25	Not Covered
Brand Name	\$30 Copay	\$60 Copay	Not Covered	\$40	\$100	Not Covered
Non Formulary	\$60 Copay	\$120 Copay	Not Covered	\$75	\$187.50	Not Covered
Specialty	\$90 Copay	N/A	Not Covered	\$125	\$312.50	Not Covered
Urgent Care Visits	\$25 Copay			\$25 Copay		
Emergency Room Visits	\$150 Copay (Copayment waived if admitted)			\$150 Copay (Copayment waived if admitted)		
Telehealth*	\$25/\$35 Per visit			\$25/\$35 Per visit		
Virtual Care Services**	Not mentioned in plan docs			No Copay		
<u>Mental Health:</u>						
Outpatient -	\$25 Copay			\$25 Copay		
Inpatient -	\$500 Copay per admission			No Copay		

*Telehealth/Telemedicine Services means a health service delivered by a health professional licensed, certified or otherwise entitled to practice in Illinois and acting within the scope of the health professional's license, certification, or entitlement to a patient in a different physical location than the health professional using telecommunications or information technology.

**Virtual Care Services defined as medical care provided by a third party like TeleDoc, Doctor on Demand, Amwell.

Northwestern University - Postdoctoral Benefit Program

1/1/2026 Carrier Migration

PPO Medical Benefit Analysis



BlueCross BlueShield
of Illinois



Core Benefits (what member pays)	BCBS of Illinois PPO			United Healthcare		
	In-Network		Out-of-Network	In- Designated Network****	In-Network	Out-of-Network
Maximum Out of Pocket:	\$3,000 Individual		\$6,000 Individual	\$3,000 Individual	\$3,000 Individual	\$6,000 Individual
	\$8,000 Family		\$16,000 Family	\$8,000 Family	\$8,000 Family	\$16,000 Family
Deductible:						
Individual -	\$500		\$1,000	\$500	\$500	\$1,000
Family	\$1,500		\$3,000	\$1,500	\$1,500	\$3,000
Lifetime Maximum	Unlimited			Unlimited		
Routine Physical Exams	No Copay*		20% after deductible	No Copay*	No Copay*	40% after deductible
Office Visit	\$25 Copay*		40% after deductible	\$25 Copay*	\$25 Copay*	40% after deductible
Office Visit - persons under 19yo	\$25 Copay*		40% after deductible	No Copay*	No Copay*	40% after deductible
Specialist Office Visit	\$35 Copay*		40% after deductible	\$25 Copay*	\$35 Copay*	40% after deductible
Diagnostic Tests	20% after deductible		20% after deductible	No Copay*		40% after deductible
Major Diagnostic & Imaging	20% after deductible		20% after deductible	20% after deductible		40% after deductible
Hospitalization:						
Inpatient -	20% after deductible		20% after deductible	20% after deductible		40% after deductible
Outpatient -	20% after deductible		20% after deductible	20% after deductible		40% after deductible
Childbirth/Delivery -	20% after deductible		20% after deductible	Amount you pay is based on where the covered health care service is provided; deductible applies. Annual Deductible will not apply for a newborn child whose length of stay in hospital is same as mother's length of stay.		
Prescription Drugs:						
RX Out-of-Pocket Maximum	\$1,500 Individual/ \$5,450 Family			Combined with Medical Out-of-Pocket Maximum		
	In-Network Retail (30)	In-Network Mail Order (90)	Out of Network Retail (30 days)	In-Network Retail (30 days)	In-Network Mail Order (90 days)	Out of Network Retail (30 days)
Generic	\$10 Copay*	\$20 Copay*	\$10 Copay*	\$10 Copay*	\$25 Copay*	\$10 Copay*
Brand Name	\$30 Copay*	\$60 Copay*	\$30 Copay*	\$40 Copay*	\$100 Copay*	\$40 Copay*
Non Formulary	\$60 Copay*	\$120 Copay*	\$60 Copay*	\$75 Copay*	\$187.50 Copay*	\$75 Copay*
Specialty	N/A	\$90 Copay*	\$90 Copay*	\$125 Copay*	\$312.50 Copay*	\$125 Copay*
Urgent Care Visits	20% after deductible		20% after deductible	20%*		40% after deductible
Emergency Room Visits	\$150 Copay + 20%* (Copay waived if admitted)		\$150 Copay + 20%* (Copay waived if admitted)	\$150 Copay + 20%* (Copay waived if admitted)		\$150 Copay + 20%* (Copay waived if admitted)
Telehealth (primary care/specialist)**	\$25 per Visit*		20% of Maximum Allowance	\$25/\$25 per Visit*	\$25/\$35 per Visit*	40% after deductible
Virtual Care Services***	Not Covered		Not Covered	No copay*		40% after deductible
Mental Health:						
Outpatient Office Visits -	20% after deductible		20% after deductible	\$25 Copay*		40% after deductible
Outpatient Intensive Treatment -	20% after deductible		20% after deductible	No Copay after deductible		40% after deductible
Inpatient -	20% after deductible		20% after deductible	20% after deductible		40% after deductible

*Deductible does not apply

*Deductible does not apply

**Telehealth/Telemedicine Services means a health service delivered by a health professional licensed, certified or otherwise entitled to practice in Illinois and acting within the scope of the health professional's license, certification, or entitlement to a patient in a different physical location than the health professional using telecommunications or information technology.

***Virtual Care Services defined as medical care provided by a third party like TeleDoc, Doctor on Demand, Amwell.

**** In-Designated Network - Discounts may be provided for Premium care physicians designated for providing effective and efficient quality care.