




Postdoctoral Scholar Benefit Program (PSBP)

How to Find a Provider Using the Insurance Carrier Directory

Important Note: Before selecting or visiting a provider, please call them to confirm if they are still an “In-Network Provider” with the insurance carrier.

Plan Type	Instructions
<p>Medical PPO: Excellus BCBS</p> 	<ol style="list-style-type: none"> 1. Visit: https://www.excellusbcbs.com/find-a-doctor/provider 2. Click Search for Providers button 3. From the “Select a Plan” scroll down and select ‘Excellus BluePPO’ as your plan 4. At this point, you may either narrow you search by the criteria provided or view a list of physicians. The physicians will be listed in groups of 50, in alphabetical order. <p>If you have any questions, you may contact Excellus member services at 1-800-499-1275</p>
<p>Dental PPO: MetLife</p> 	<ol style="list-style-type: none"> 1. Visit: https://metlocator.metlife.com/metlocator/execute/Search 2. Select the network type PDP Plus Network 3. Enter your zip code under ‘Location’ or you may enter your full address 4. At this point, you may either narrow you search by the criteria provided, or view a list of dentists. The dentists will be listed in groups of 25, in alphabetical order.
<p>Vision: Aetna</p> 	<ol style="list-style-type: none"> 1. Visit: https://www.aetnavision.com/aetna/public/provloc.emvc?networkId=123 2. Enter your Zip Code 3. You may select an additional search option under “What else is important?” 4. Click “Get Results” 5. A list of Vision Providers will be provided online <p>If you have any questions, you may contact Aetna Vision at 1-877-973-3238.</p>