



First Health: *Your Out-of-State PPO Provider Network*

A message from Health Net Life Insurance Company (Health Net)

 We're here to help

If you need help finding
a First Health PPO
physician or hospital,
call First Health at
1-800-226-5116,
Monday through Friday,
8:00 a.m. to 6:00 p.m.
Pacific time.

Health Net has a partnership with First Health, a prominent national network of doctors and hospitals throughout the United States. This alliance lets you receive PPO health care services at a contracted rate even though you live outside of California!

The First Health advantage

- When you contact a provider, make sure you **identify yourself as a First Health member.**
 - When you visit a provider, be sure to **show your Health Net ID card (with the First Health logo)** to let them know you are a
- First Health member. This is **very important** because it lets the provider know you should be billed at **in-network benefit rates.**
 - When you visit a **First Health network provider**, you will generally **pay less** than if you choose a provider outside the network.

How to find a provider online

- Use the ProviderSearch tool to find a participating First Health doctor, hospital, urgent care center, or other provider. Visit www.healthnet.com, and follow these simple steps:

Welcome to ProviderSearch!

Search by address and radius

Street address 91367

Search radius from address: 10 miles

Filter by **Provider Name** or **Provider ID** or **License Number (Prefix + 6 Digits)**

Provider name (at least two letters), Provider ID or

Filter by type of **Plan/Network**

Select a Plan/Network

No filter (show all results)

Questions about ProviderSearch?
Take a ProviderSearch tour

Other Options:
Log in to your account
Enter your member ID and date of birth
Give us a call
Search First Health

If you have questions regarding your claims or benefits, call Health Net at **1-800-861-7214**.

sure to ask the doctor, hospital or facility if they **participate in the First Health network**.

- This ensures your services will be covered at the higher in-network level.

- Click on *ProviderSearch* – *Find a doctor*.
- Click *Search First Health*.

- When you make your appointment for regular services, be

Finding a pharmacy is quick and easy

Our participating pharmacies include most national chains, many regional chains and some local independents. To find a participating pharmacy, go to healthnet.com/mypharmacy. Then:

- Click on *Find a pharmacy* at the bottom of the page.
- Click *Continue* after reading the disclaimer. It will take you to the Pharmacy Locator.

Emergency care also covered

- In case of an emergency, go to the nearest emergency room, **even if it's not a contracted First Health provider**.

