

Find A Behavioral Health Provider – Quick and Easy!



When you need behavioral healthcare, you want access to the most up-to-date listings of qualified in-network psychologists, psychiatrists, family therapists, and other behavioral health providers near your home or work.

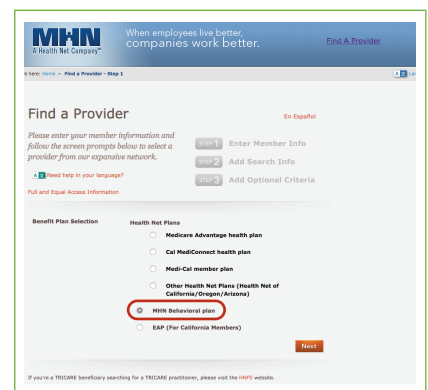
We can help!

Getting behavioral healthcare is easy – Call the MHN number listed on your ID card next to Mental Health Benefits, or call 1-800-797-7016, Monday through Friday, between 8:00 a.m. and 6:00 p.m. Here’s what we’ll do:

- Offer immediate help if there’s a crisis or emergency. (Clinicians are available 24/7 to help members in case of a psychiatric emergency.)
- Find out your needs and suggest a network provider for you.
- Help you get an appointment (within 48 hours if urgent or, if not urgent, within 10 business days).
- Answer questions about your benefits.

Too busy to call during business hours?

We understand – That’s why we make it easy to find a network behavioral health provider online, anytime! Visit www.mhn.com and follow the simple directions to find MHN providers.



Taking care of your mental health is a vital part of living well and realizing your healthy potential.