



Insurance | Risk Management | Consulting

University of California Postdoctoral Benefit Plan COBRA Rates

January 1, 2021 – December 31, 2021

	Monthly COBRA Rate
Medical HMO - Health Net	
Postdoc Only	\$612.44
Postdoc + child(ren)	\$1,071.87
Postdoc + partner	\$1,469.97
Postdoc + partner + child(ren)	\$1,868.07
Medical PPO - Health Net	
Postdoc Only	\$595.18
Postdoc + child(ren)	\$1,041.58
Postdoc + partner	\$1,428.41
Postdoc + partner + child(ren)	\$1,815.30
Dental POS - Principal	
Postdoc Only	\$23.88
Postdoc + child(ren)	\$55.57
Postdoc + partner	\$49.80
Postdoc + partner + child(ren)	\$89.42
Dental HMO - Health Net	
Postdoc Only	\$7.64
Postdoc + child(ren)	\$14.50
Postdoc + partner	\$13.74
Postdoc + partner + child(ren)	\$21.38
Vision PPO - Health Net	
Postdoc Only	\$4.08
Postdoc + child(ren)	\$7.60
Postdoc + partner	\$6.81
Postdoc + partner + child(ren)	\$11.63