

# Decision Power<sup>®</sup> Healthy Pregnancy

A free Health Net pregnancy program



To enroll or for more  
information, call toll free  
1-855-870-2229  
or visit [www.healthnet.com](http://www.healthnet.com)



Health Net is pleased to offer Decision Power® Healthy Pregnancy to expectant Moms. This program helps you manage your health during pregnancy. You receive education and support during pregnancy. You also receive support right after the baby is born.

### Decision Power® Healthy Pregnancy offers:

- Three confidential pregnancy assessments.
- Access to personalized website resource.
- Toll-free BabyLine® answered by highly experienced nurses, 24/7, available until your baby is six weeks old.
- Dedicated maternity nurse to manage high-risk maternity care.
- *Your Journey Through Pregnancy*: a comprehensive book to guide you through pregnancy, an immunization schedule and a resource bookmark once you enroll.

We want you have the healthiest pregnancy possible by providing you with important resources and education. Enrollment in the program is **free** and **confidential**. For more information, you may call us at **1-855-870-2229** or visit our website at [www.healthnet.com](http://www.healthnet.com).



text4baby™

A free service of the  
National Healthy Mothers, Healthy Babies Coalition  
[text4baby.org](http://text4baby.org)

Text **BABY**  
to **511411**

& get **FREE** messages  
on your **cell phone** to  
help you through your  
pregnancy & your  
baby's first year.

### What you can expect:

Participants complete three OB risk assessments at various times during your pregnancy. The answers you provide help determine how we can further assist you with both education and support. Enrollees and their physicians each receive a report of each completed assessment. If special pregnancy needs are identified, you will receive additional follow-up from an experienced nurse, who consults with your doctor to be sure you get the support you need.

### BabyLine® — the 24/7 OB nurse line:

Once registered with Decision Power® Healthy Pregnancy program, you can begin to use BabyLine. This toll-free phone line is answered 24 hours a day, seven days a week, and is available until six weeks after your baby is born. You can speak with an experienced nurse, who will answer any questions you may have, even on weekends! All you have to do is call **1-855-870-2229**.

### Case Management:

If you develop complications with your pregnancy, a nurse specializing in obstetrics will work with you and your physician to coordinate your care.

### NICU Care Management:

If your new baby requires special care in the Neonatal Intensive Care Unit (NICU), this program will provide you with your own dedicated NICU nurse. The nurse will act as an advocate to help you understand what is happening. Your nurse will answer your questions, help you get your baby home, and continue to help with any special needs.