Penn Behavioral Health (PBH) serves as your “preferred provider” for the Penn Postdoctoral Insurance Plans. PBH encompasses the Department of Psychiatry’s direct patient care programs, provided by nationally and internationally acclaimed faculty.

The Department’s faculty members treat a wide spectrum of clinical problems, including those that are classified as psychiatric, psychological, mental, or behavioral. Your Aetna Postdoctoral Program health insurance will cover treatment, according to your plan guidelines, in the Department’s General Outpatient, Neuropsychiatry, Women’s Behavioral Wellness, and Mood and Anxiety.

Also, PBH has a large network of qualified and credentialed providers in the region that you may be referred to if desired.

NOTE: The Postdoctoral Health Insurance Plans will not be accepted in Cognitive Therapy, CTSA, ADHD, and the O’Brien Center.

In order to access care through PBH:

1. Call the PBH center between the hours of 8:30am – 5:00pm at: 1-866-301-4724.
2. Identify yourself as a Penn Postdoc.
3. During this initial call you will:
   - Register in the HUP EPIC system (you may already be in this system).
   - Complete a brief intake interview.
   - Schedule an appointment with the appropriate PBH service provider.
4. Emergency situations will be addressed immediately.

*Postdocs may also access mental health services through Aetna’s robust mental health provider network. Contact Aetna member services (877-204-9186) for assistance.