

Preferred Provider Organization (PPO) Medical Plan

Schedule of Benefits

Prepared exclusively for:

Policyholder: University of Pennsylvania Postdoctoral Insurance Plan

Group policy number: GP-861472

Schedule of Benefits 1A

Group policy effective date: January 1, 2018
Plan effective date: January 1, 2018
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Underwritten by Aetna Life Insurance Company in the state of Pennsylvania.

Schedule of benefits

This schedule of benefits lists the **deductibles** and **copayments/coinsurance**, if any, that apply to the services you receive under this plan. You should review this schedule to become familiar with your **deductibles** and **copayments/coinsurance** and any limits that apply to the services.

How to read your schedule of benefits

- When we say:
 - "In-network coverage", we mean you get care from **network providers**.
 - "Out-of-network coverage", we mean you can get care from **out-of-network providers**.
 - "Other health care coverage", we mean you can get care from an **out-of-network provider** when you could not reasonably get the services and supplies needed from a **network provider**. This includes when you get care from **out-of-network providers** during your **stay** in a **network hospital**.
- The **deductibles** and **copayments/coinsurance** listed in the schedule of benefits below reflect the **deductibles** and **copayment/coinsurance** amounts under your plan.
- You are responsible to pay any **deductibles**, **copayments and coinsurance**.
- The **coinsurance** listed in the schedule of benefits reflects the plan **coinsurance** percentage. This is the **coinsurance** amount the plan pays. You are responsible for paying any remaining **coinsurance**.
- You are responsible for full payment of any health care services you receive that are not a **covered benefit**.
- This plan has maximums for specific covered benefits. For example, these could be visit, day or dollar
 maximums. They are combined maximums between network providers and out-of-network providers
 unless we state otherwise.
- At the end of this schedule you will find detailed explanations about your:
 - Deductible
 - Maximum out-of-pocket limits
 - Maximums

Important note:

All **covered benefits** are subject to the Calendar Year **deductible** and **copayment/coinsurance** unless otherwise noted in the schedule of benefits below.

We are here to answer any questions. Contact Member Services by logging onto your Aetna secure member website at www.aetna.com or at the toll-free number on your ID card.

The coverage described in this schedule of benefits will be provided under **Aetna Life Insurance Company's group policy**. This schedule of benefits replaces any schedule of benefits previously in effect under the **group policy**. Keep this schedule of benefits with your booklet-certificate.

Plan features	Deductible/Maximums			
	In-network coverage*	Out-of-network coverage*	Other health care*	
Deductible				
You have to meet you	ur Calendar Year deductible befo	ore this plan pays for benefits.		
Individual	\$300 per Calendar Year	\$800 per Calendar Year	\$300 per Calendar Year	
Family	\$900 per Calendar Year	\$2,400 per Calendar Year	\$900 per Calendar Year	

Deductible waiver

The Calendar Year in-network **deductible** is waived for all of the following **eligible health services**:

- Preventive care and wellness
- Family planning services female contraceptives
- Nutritional supplements

Maximum out-of-pocket limit					
Maximum out-of-pocket limit per Calendar Year.					
Individual	\$2,500 per Calendar Year	\$3,000 per Calendar Year	\$2,500 per Calendar Year		

Family \$7,500 per Calendar Year \$9,000 per Calendar Year \$7,500 per Calendar Year

Precertification covered benefit reduction

This only applies to out-of-network coverage. The booklet-certificate contains a complete description of the **precertification** program. You will find details on **precertification** requirements in the *Medical necessity and precertification requirements* section.

Failure to **precertify** your **eligible health services** when required will result in the following benefits reduction:

- A \$400 benefit reduction will be applied separately to each type of eligible health services or
- The **eligible health services** will not be covered.

The additional percentage or dollar amount of the **recognized charge** which you may pay as a penalty for failure to obtain **precertification** is not a **covered benefit**, and will not be applied to the **deductible** amount or the **maximum out-of-pocket limit**, if any.

^{*}See How to read your schedule of benefits and important note at the beginning of this schedule of benefits

Eligible health	In-network	Out-of-network	Other health care
services	coverage*	coverage*	
Preventive care and	wellness		
Routine physical exa	ams		
Performed at a physician's office	100% per visit No deductible applies	60% (of the recognized charge) per visit	100% per visit No deductible applies
No deductible applies to childhood immunizations			
Covered persons through age 21:	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents.	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents.	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents.
Covered persons age 22	For details, contact your physician or Member Services by logging onto your Aetna's secure member website at www.aetna.com or calling the number on your ID card.	For details, contact your physician or Member Services by logging onto your Aetna's secure member website at www.aetna.com or calling the number on your ID card. 1 visit	For details, contact your physician or Member Services by logging onto your Aetna's secure member website at www.aetna.com or calling the number on your ID card. 1 visit
and over but less than 65: Maximum visits per 12 months			
Covered persons age 65 and over: Maximum visits per 12 months	1 visit	1 visit	1 visit

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^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Preventive care imn	nunizations		
Performed in a facility or at a physician's office	100% per visit	60% (of the recognized charge) per visit	100% per visit
. ,	No deductible applies		No deductible applies
No deductible applies to			
childhood			
immunizations			
	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.	Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.
	For details, contact your physician or Member Services by logging onto your Aetna member website at www.aetna.com or calling the number on your ID card.	For details, contact your physician or Member Services by logging onto your Aetna member website at www.aetna.com or calling the number on your ID card.	For details, contact your physician or Member Services by logging onto your Aetna member website at www.aetna.com or calling the number on your ID card.
Well woman prever routine gynecologic Routine physical example.	al exams (including pa	p smears and cytology	tests)
Performed at a	100% per visit	60% (of the recognized	100% per visit
physician's, obstetrician		charge) per visit	
(OB), gynecologist (GYN) or OB/GYN office	No deductible applies	No deductible applies	No deductible applies
Maximums	Subject to any age limits	Subject to any age limits	Subject to any age limits
	provided for in the	provided for in the	provided for in the
	comprehensive guidelines	comprehensive guidelines	comprehensive guidelines
	supported by the Health	supported by the Health	supported by the Health
	and Resources and	and Resources and	and Resources and
	Services Administration.	Services Administration.	Services Administration.
Maximum visits per	1 visit	1 visit	1 visit
Calendar Year			

^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Preventive screening			
Office visits	100% per visit	60% (of the recognized	100% per visit
 Obesity and/or healthy diet counseling 	No deductible applies	charge) per visit	No deductible applies
 Misuse of alcohol and/or drugs 			
 Use of tobacco 			
products			
 Sexually transmitted infection counseling 			
Genetic risk			
counseling for breast and ovarian cancer			
Obesity and/or healthy	diet counseling maximun	ms:	
Maximum visits per 12	26 visits (however, of	26 visits (however, of	26 visits (however, of
months	these, only 10 visits will	these, only 10 visits will	these, only 10 visits will
	be allowed under the	be allowed under the	be allowed under the
(This maximum applies	plan for healthy diet	plan for healthy diet	plan for healthy diet
only to covered persons	counseling provided in	counseling provided in	counseling provided in
age 22 and older.)	connection with	connection with	connection with
	Hyperlipidemia (high	Hyperlipidemia (high	Hyperlipidemia (high
	cholesterol) and other	cholesterol) and other	cholesterol) and other
	known risk factors for	known risk factors for	known risk factors for
	cardiovascular and diet-	cardiovascular and diet-	cardiovascular and diet-
	related chronic disease)*	related chronic disease)*	related chronic disease)*
*Note: In figuring the ma	ximum visits, each session of	f up to 60 minutes is equal to	one visit.
Misuse of alcohol and/	or drugs maximums:		
Maximum visits per 12 months	5 visits*	5 visits*	5 visits*
*Note: In figuring the ma	ximum visits, each session of	f up to 60 minutes is equal to	one visit.
Use of tobacco product			
Maximum visits per 12	8 visits*	8 visits*	8 visits*
months			
*Note: In figuring the ma	ximum visits, each session of	f up to 60 minutes is equal to	one visit.
Sexually transmitted in	fection counseling maxim	ums:	
Maximum visits per 12 months	2 visits*	2 visits*	2 visits*
		f up to 30 minutes is equal to	

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^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Genetic risk counseling	Not subject to any age or	Not subject to any age or	Not subject to any age or
or breast and ovarian	frequency limitations	frequency limitations	frequency limitations
cancer			
Routine cancer scre	enings		
applies whether pe	erformed at a physiciar	n's, specialist office or	facility)
Routine cancer	100% per visit	60% (of the recognized	100% per visit
screenings		charge) per visit	
	No deductible applies.		No deductible applies.
Maximums	Subject to any age, family	Subject to any age, family	Subject to any age, family
	history, and frequency	history, and frequency	history, and frequency
	guidelines as set forth in	guidelines as set forth in	guidelines as set forth in
	the most current:	the most current:	the most current:
	Evidence-based items	Evidence-based items	 Evidence-based items
	that have in effect a	that have in effect a	that have in effect a
	rating of A or B in the	rating of A or B in the	rating of A or B in the
	current	current	current
	recommendations of	recommendations of	recommendations of
	the United States	the United States	the United States
	Preventive Services	Preventive Services	Preventive Services
	Task Force; and	Task Force; and	Task Force; and
	The comprehensive	The comprehensive	The comprehensive
	guidelines supported	guidelines supported	guidelines supported
	by the Health	by the Health	by the Health
	Resources and Services	Resources and Services	Resources and Service
	Administration.	Administration.	Administration.
	For details, contact your	For details, contact your	For details, contact your
	physician or Member	physician or Member	physician or Member
	Services by logging onto	Services by logging onto	Services by logging onto
	your Aetna's secure	your Aetna's secure	your Aetna's secure
	member website at	member website at	member website at
	www.aetna.com or	www.aetna.com or	www.aetna.com or
	calling the number on	calling the number on	calling the number on
	your ID card.	your ID card.	your ID card.
ung cancer screening	1 screening every 12	1 screening every 12	1 screening every 12
naximums	months*	months*	months*

Outpatient diagnostic testing section.

^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Prenatal care

Prenatal care services (provided by an obstetrician (OB), gynecologist (GYN), and/or OB/GYN)

Preventive care services	100% per visit	60% (of the recognized	100% per visit
only		charge) per visit	
	No deductible applies		No deductible applies

Important note:

You should review the *Maternity and related newborn care* sections. They will give you more information on coverage levels for maternity care under this plan.

Comprehensive lactation support and counseling services

Lactation counseling	100% per visit	60% (of the recognized	100% per visit
services – facility or		charge) per visit	
office visits	No deductible applies		No deductible applies
Lactation counseling	6 visits*	6 visits*	6 visits*
services maximum visits			
per 12 months either in			
a group or individual			
setting			
II			

*Important note:

Any visits that exceed the lactation counseling services maximum are covered under **Physician** services office visits.

Breast feeding durable medical equipment

5 cast recamble and an entire meaning requirements				
Breast pump supplies	100% per item	60% (of the recognized	100% per item	
and accessories		charge) per item		
	No deductible applies		No deductible applies	

Important note:

See the *Breast feeding durable medical equipment* section of the booklet-certificate for limitations on breast pump and supplies.

Family planning services – female contraceptives

Counseling services

Counseling services			
Female contraceptive	100% per visit	60% (of the recognized	100% per visit
counseling services		charge) per visit	
office visit	No deductible applies		No deductible applies
Contraceptive	2 visits*	2 visits*	2 visits*
counseling services			
maximum visits per 12			
months either in a group			
or individual setting			

*Important note:

Any visits that exceed the contraceptive counseling services maximum are covered under **Physician** services office visits.

^{*}See How to read your schedule of benefits at the beginning of this schedule of benefits

Devices			
Female contraceptive	100% per item	60% (of the recognized	100% per item
device provided,		charge) per item	
administered, or	No deductible applies		No deductible applies
removed, by a physician			
during an office visit			
Female voluntary steril	ization		
Inpatient	100% per admission	60% (of the recognized	100% per admission
patient	20070 per daminosion	charge) per admission	20070 per damission
	No deductible applies	g , p	No deductible applies
Outpatient	100% per visit	60% (of the recognized	100% per visit
•		charge) per visit	·
	No deductible applies		No deductible applies
	In-network	Out-of-network	Other health care
Eligible health			Other health care
services	coverage*	coverage*	
•	r health professionals		
<u> </u>	sts office visits (non-surgion	al)	
Physician services	1		
Office hours visits (non-	\$30 then the plan pays	60% (of the recognized	80% (of the recognized
surgical) non preventive	100% (of the balance of	charge) per visit	charge) per visit
care	the negotiated charge)		
	per visit thereafter		No deductible applies
	No deductible applies		
	T		
Telemedicine	\$30 then the plan pays	Not Covered	80% (of the recognized
consultation by a	100% (of the balance of		charge) per visit
physician	the negotiated charge)		No deducatible contine
	per visit thereafter		No deductible applies
	No deductible applies		
	1		
Maximum visits per day	1	Not Covered	1
Telemedicine	\$40 then the plan pays	Not Covered	80% (of the recognized
	\$40 then the plan pays 100% (of the balance of	Not Covered	80% (of the recognized charge) per visit
consultation by a	\$40 then the plan pays 100% (of the balance of the negotiated charge)	Not Covered	80% (of the recognized charge) per visit
Telemedicine consultation by a specialist	100% (of the balance of	Not Covered	·
consultation by a	100% (of the balance of the negotiated charge) per visit thereafter	Not Covered	charge) per visit
consultation by a	100% (of the balance of the negotiated charge)	Not Covered	charge) per visit

^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Allergy injections			
Performed at a physician's or specialist office when you do not see the physician	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit
Immunizations that	are not considered pr	eventive care	
Immunizations that are not considered preventive care	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Specialist			
Specialist office visi	ts		
Office hours visits (non- surgical)	\$40 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit No deductible applies
	No deductible applies		

^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Physician surgical s	services		
Physicians and specialist	ts office visits		
Performed at a	80% (of the negotiated	60% (of the recognized	80% (of the recognized
physician's office	charge) per visit	charge) per visit	charge) per visit
Performed at a	80% (of the negotiated	60% (of the recognized	80% (of the recognized
specialist's office	charge) per visit	charge) per visit	charge) per visit
Alternatives to phy	vsician office visits		
Walk-in clinic visits	}		
Walk-in clinic non-	\$30 then the plan pays	Not covered	80% (of the recognized
emergency visit	100% (of the balance of		charge) per visit
(includes coverage for	the negotiated charge)		
immunizations)	per visit thereafter		No deductible applies
	No deductible applies		
	Subject to any age limits	Not applicable	Subject to any age limits
	provided for in the		provided for in the
	comprehensive guidelines		comprehensive guidelines
	supported by Advisory		supported by Advisory
	Committee on		Committee on
	Immunization Practices of		Immunization Practices of
	the Centers for Disease		the Centers for Disease
	Control and Prevention.		Control and Prevention.
	For details, contact your		For details, contact your
	physician or Member		physician or Member
	Services by logging onto		Services by logging onto
	your secure member		your secure member
	website at		website at
	www.aetna.com or		www.aetna.com or
	calling the number on		calling the number on
	your ID card.		your ID card.

^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Eligible health	In-network	Out-of-network	Other health care
services	coverage*	coverage*	
Hospital and othe	r facility care		
Hospital care	•		
Inpatient hospital	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission	80% (of the recognized charge) per admission
Alternatives to ho	spital stays		
Outpatient surger	y and physician surgical	services	
	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit
Home health care			
Outpatient	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit
Maximum visits per Calendar Year	Limited to: 3 intermittent visits per day provided by a participating home health care agency; 1 visit equals a period of 4 hours or less. Intermittent visits are considered periodic and recurring visits that skilled nurses make to ensure your proper care The intermittent requirement may be waived to allow coverage for up to 12 hours with a daily maximum of 3 visits. Services must be provided within 10 days of discharge	Limited to: 3 intermittent visits per day provided by a participating home health care agency; 1 visit equals a period of 4 hours or less. Intermittent visits are considered periodic and recurring visits that skilled nurses make to ensure your proper care The intermittent requirement may be waived to allow coverage for up to 12 hours with a daily maximum of 3 visits. Services must be provided within 10 days of discharge	Limited to: 3 intermittent visits per day provided by a participating home health care agency; 1 visit equals a period of 4 hours or less. Intermittent visits are considered periodic and recurring visits that skilled nurses make to ensure your proper care The intermittent requirement may be waived to allow coverage for up to 12 hours with a daily maximum of 3 visits. Services must be provided within 10 days of discharge
Hospice care			
Inpatient facility	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission	80% (of the recognized charge) per admission
Maximum days per lifetime	Unlimited	Unlimited	Unlimited

^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

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Hospice care			
Outpatient	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit
	Part-time or intermittent	Part-time or intermittent	Part-time or intermittent
	nursing care by an R.N. or	nursing care by an R.N. or	nursing care by an R.N. o
	L.P.N. for up to 8 hours a	L.P.N. for up to 8 hours a	L.P.N. for up to 8 hours a
	day	day	day
	Part-time or intermittent	Part-time or intermittent	Part-time or intermittent
	home health aide services	home health aide services	home health aide service
	to care for you up to 8	to care for you up to 8	to care for you up to 8
	hours a day	hours a day	hours a day
Outpatient private	duty nursing		
Outpatient private duty	80% (of the negotiated	60% (of the recognized	80% (of the recognized
nursing	charge) per visit	charge) per visit	charge) per visit
Maximum visits/shifts per <i>Calendar Year</i>	70 shifts	70 shifts	70 shifts
	Up to eight hours equal	Up to eight hours equal	Up to eight hours equal
	one shift.	one shift.	one shift.
Skilled nursing facil	ity		
Inpatient facility	80% (of the negotiated	60% (of the recognized	80% (of the recognized
	charge) per admission	charge) per admission	charge) per admission
Maximum days nor	120	120	120
Maximum days per			

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^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

	In-network	Out-of-network	Other health care
services	coverage*	coverage*	
Emergency services	and urgent care		
Emergency services			
Hospital emergency room	\$150 then the plan pays 100% (of the balance of the negotiated charge) per visit	Paid the same as innetwork coverage.	Paid the same as innetwork coverage.
	No deductible applies		
	1	T	T
Non-emergency care in a hospital emergency room	50% (of the negotiated charge) per visit after the deductible	50% (of the recognized charge) per visit after the deductible	50% (of the recognized charge) per visit after the deductible
provider bills you amount. You shou	for an amount above your could send the bill to the addre	ost share, you are not respor ss listed on the back of your hat amount. Make sure the n	nsible for paying that ID card, and we will resolve
 provider bills you amount. You shou any payment disp the bill. A separate hospit room. If you are a 	for an amount above your could send the bill to the addreute with the provider over the send to be a send t	ost share, you are not respor ss listed on the back of your	ID card, and we will resolve nember's ID number is on or each visit to an emergencian emergency room, your
 provider bills you amount. You shou any payment disp the bill. A separate hospit room. If you are a emergency room 	for an amount above your could send the bill to the addreute with the provider over the send to be a send t	ost share, you are not resporss listed on the back of your hat amount. Make sure the nent/coinsurance will apply for neatient right after a visit to	nsible for paying that ID card, and we will resolve nember's ID number is on or each visit to an emergence an emergency room, your
 provider bills you amount. You shou any payment disp the bill. A separate hospit room. If you are a emergency room will apply. 	for an amount above your could send the bill to the addreute with the provider over the send to be a send t	ost share, you are not resporss listed on the back of your hat amount. Make sure the nent/coinsurance will apply for neatient right after a visit to	nsible for paying that ID card, and we will resolve nember's ID number is on or each visit to an emergence an emergency room, your
provider bills you amount. You shou any payment disp the bill. A separate hospit room. If you are a emergency room will apply. Urgent care Urgent medical care (at a non-hospital free	for an amount above your could send the bill to the addresute with the provider over the last emergency room copayment dmitted to a hospital as an icopayment/coinsurance will \$35 then the plan pays 100% (of the balance of the negotiated charge)	ost share, you are not responss listed on the back of your hat amount. Make sure the nent/coinsurance will apply for npatient right after a visit to I be waived and your inpatient for the management of the mana	sible for paying that ID card, and we will resolve member's ID number is on or each visit to an emergency an emergency room, your nt copayment/coinsurance \$35 then the plan pays 80% (of the balance of the recognized charge)

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^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Eligible health	In-network	Out-of-network	Other health care
services	coverage*	coverage*	
Specific conditions			
Autism spectrum di	isorder		
Autism spectrum disorder treatment			Covered according to the type of benefit and the place where the service is received
Autism spectrum disorder diagnosis and testing	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Applied behavior analysis	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Physical, occupational, and speech therapy associated with diagnosis of autism spectrum disorder	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
There is no limit in the nu disorders.	umber of visits to an autism se	ervice provider for treatment	t of autism spectrum
Birthing center			
Inpatient	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission	80% (of the recognized charge) per admission
Diabetic equipment	t, supplies and education	on	
Diabetic equipment, supplies and education type of benefit and the place where the service is Covered according to the type of benefit and the place where the service is		Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.
Family planning ser	vices - other		
Voluntary sterilizat	ion for males		
Outpatient	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit
Abortion			
Outpatient	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit
Maternity and relat	ted newborn care		
Inpatient	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission	80% (of the recognized charge) per admission

Performed in a facility or	80% (of the negotiated	60% (of the recognized	80% (of the recognized
at a physician's office	charge) per visit	charge) per visit	charge) per visit
Other prenatal care	Covered according to the	Covered according to the	Covered according to the
services	type of benefit and the	type of benefit and the	type of benefit and the
	place where the service is	place where the service is	place where the service
	received.	received.	received.
Mental health treat			
Inpatient mental health	80% (of the negotiated	60% (of the recognized	80% (of the recognized
treatment	charge) per admission	charge) per admission	charge) per admission
er ed er retre	enaige, per damission	enaige, per damission	charge, per damission
Inpatient residential			
treatment facility			
·			
Coverage is provided			
under the same terms,			
conditions as any other			
illness.			
Mantal baalth tuaati	mant autoationt		
Mental health treat	•	C00/ /-f the management	000//-{+}
Outpatient mental	\$40 then the plan pays	60% (of the recognized	80% (of the recognized
health treatment office	100% (of the balance of	charge) per visit	charge) per visit
visits to a physician or	the negotiated charge)		
behavioral health	per visit thereafter		No deductible applies
provider includes			
telemedicine	No deductible applies		
consultation			
Coverage is provided			
under the same terms,			
conditions as any other			
illness.			
Other outpatient mental	100% (of the negotiated	60% (of the recognized	80% (of the recognized
health treatment	charge) per visit	charge) per visit	charge) per visit
(includes skilled			
behavioral health	No deductible applies		No deductible applies
services in the home)			
Partial hospitalization			
treatment			
Intensive subsetient			
Intensive outpatient			
program			
The cost share doesn't			
The cost share doesn't apply to in-network peer counseling support services			

Substance related d	isorders treatment - ir	npatient	
Inpatient substance abuse detoxification during a hospital confinement	80% (of the negotiated charge) per admission	60% (of the recognized charge) per admission	80% (of the recognized charge) per admission
Inpatient substance abuse rehabilitation during a hospital confinement			
Inpatient residential treatment facility during a hospital confinement			
Coverage is provided under the same terms, conditions as any other illness.			
inness.			
Substance related d	isorders treatment - o	utpatient: detoxificat	ion and rehabilitation
Outpatient substance abuse office visits to a physician or behavioral health provider (includes telemedicine consultation)	\$40 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit No deductible applies
Coverage is provided under the same terms, conditions as any other illness.			
Other outpatient	100% (of the negotiated	60% (of the recognized	80% (of the recognized
substance abuse services	charge) per visit	charge) per visit	charge) per visit
Partial hospitalization treatment	No deductible applies		No deductible applies
Intensive outpatient program			
The cost share doesn't apply to in-network peer counseling support services			

Oral and maxillofaci	Oral and maxillofacial treatment (mouth, jaws and teeth)					
Oral and maxillofacial treatment (mouth, jaws and teeth)	Covered according to the type of benefit and the place where the service is received Covered according to the type of benefit and the place where the service is received		Covered according to the type of benefit and the place where the service is received			
Reconstructive brea	st surgery					
Reconstructive breast surgery	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received			
Reconstructive surge	Reconstructive surgery and supplies					
Reconstructive surgery	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received			

Eligible health	Network (IOE	Netwo	rk (Non-	Out-of-netv	vork	Other health
services	facility)	IOE fac	ility)	coverage*		care
Transplant servi	ces facility and no	on-facility	У			
Inpatient hospital transplant services	80% (of the negotiated charge) per transplant	60% (of t negotiate per trans	ed charge)	60% (of the recognized cha per transplant	rge)	60% (of the recognized charge) per transplant
Physician services including office visits	Covered according to the type of benefit and the place where the service is received.	to the type benefit a place wh	nd the	Covered accord to the type of benefit and the place where the service is received	9	Covered according to the type of benefit and the place where the service is received.
Eligible health	In-network		Out-of-r	network	Oth	er health care
services	coverage*		coverag	e*		
Treatment of in	fertility					
Basic infertility						
Basic infertility	Covered accord type of benefit a place where the received	and the	type of be	ccording to the nefit and the re the service is	type	red according to the of benefit and the where the service is ved

Eligible health services	In-network coverage*	Out-of-network coverage*	Other health care			
Specific therapies and tests						
Outpatient diagnostic testing						

Diagnostic complex imaging services					
	80% (of the negotiated charge) per visit	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit		
			•		
Diagnostic lab work					
	80% (of the negotiated	60% (of the recognized	80% (of the recognized		
	charge) per visit.	charge) per visit.	charge) per visit.		

Diagnostic radiological services						
	80% (of the negotiated charge) per visit.	60% (of the recognized charge) per visit.	80% (of the recognized charge) per visit.			
Chemotherapy						
Chemotherapy	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received			
Outpatient infus	ion therapy					
·	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.			
Outpatient radia	tion therapy					
-	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.			

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Short-term cardiac and pulmonary rehabilitation services			
Cardiac rehabilitation			
Cardiac rehabilitation	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Pulmonary rehabilitation	on		
Pulmonary rehabilitation	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received

Short-term rehabilitation services			
Outpatient Physical an	d Occupational Therapies		
	\$40 then the plan pays 100% (of the balance of the negotiated charge)	60% (of the recognized charge) per visit.	80% (of the recognized charge) per visit.
	per visit thereafter.		No deductible applies
	No deductible applies		
Outpatient Speech The	rapy	•	•
	\$40 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter.	60% (of the recognized charge) per visit.	80% (of the recognized charge) per visit. No deductible applies
	No deductible applies		

Spinal manipulation			
Spinal manipulation	\$40 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit No deductible applies
	No deductible applies		
Habilitation therap	oy services		
	\$40 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter	60% (of the recognized charge) per visit	80% (of the recognized charge) per visit No deductible applies
	No deductible applies		

Eligible health services	In-network coverage*	Out-of-network coverage*	Other health care
Other services			

Acupuncture			
Acupuncture	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received

Ambulance service	}		
Ground, air or water ambulance	80% (of the negotiated charge) per trip	60% (of the recognized charge) per trip	80% (of the recognized charge) per trip

Clinical trial therapies (experimental or investigational)			
Clinical trial therapies	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
Clinical trials (routin	Clinical trials (routine patient costs)		
Clinical trial (routine patient costs)	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received

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^{*}See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Durable medical equipment (DME)			
DME	80% (of the negotiated	60% (of the recognized	80% (of the recognized
	charge) per item	charge) per item	charge) per item
Nutritional supplements			
Nutritional supplements	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

Prosthetic devices			
Prosthetic devices	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received
All other outpatient	services for which cos	t sharing is not shown	above
All other outpatient services	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received

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Eligible health	In-network coverage*	Out-of-network coverage*		
services				
Outpatient prescription drugs				
Plan features	Deductible/Copayment/Coinsurance/Maximums			
Deductible waiver				
The Calendar Year deductible is waived for all prescription drugs .				

Deductible and copayment/coinsurance waiver for risk reducing breast cancer prescription drugs

The Calendar Year **deductible** and the per **prescription copayment/coinsurance** will not apply to risk reducing breast cancer **prescription drugs** when obtained at a **network pharmacy**. This means that such risk reducing breast cancer **prescription drugs** will be paid at 100%.

Deductible and copayment/coinsurance waiver for tobacco cessation prescription and over-the-counter drugs

The Calendar Year **deductible** and the per **prescription copayment/coinsurance** will not apply to two 90-day treatment regimens for tobacco cessation **prescription drugs** and OTC drugs when obtained at a **network pharmacy**. This means that such **prescription drugs** and OTC drugs will be paid at 100%.

Deductible and copayment/coinsurance waiver for contraceptives

The Calendar Year **deductible** and the per **prescription copayment/coinsurance** will not apply to female contraceptive methods when obtained at a **network pharmacy**. This means that the following will be paid at 100%:

• Certain over-the-counter (OTC) and generic contraceptive **prescription drugs** and devices for each of the methods identified by the FDA. Related services and supplies needed to administer covered devices will also be paid at 100%. If a **generic prescription drug** or device is not available for a certain method, you may obtain certain **brand-name prescription drugs** for that method paid at 100%.

The Calendar Year **deductible** and the per **prescription copayment/coinsurance** continue to apply to **prescription drugs** that have a generic equivalent or generic alternative available within the same **therapeutic drug class** obtained at a **network pharmacy** unless you are granted a medical exception.

Important note:

Review the *How to access out-of-network pharmacies* section of the booklet-certificate for more information on how these **pharmacies** are subject to higher out-of-pocket costs.

^{*}See How to read your schedule of benefits at the beginning of this schedule of benefits

Generic prescription	drugs (including specialty drugs)	
Per prescription cop	ayment/coinsurance	
For each fill up to a 30 day supply filled at a	\$20 copayment per supply	\$20 deductible per supply
retail pharmacy	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
	No Calendar Year deductible applies	No Calendar Year deductible applies
More than a 30 day supply but less than a 91	\$40 copayment per supply	\$40 deductible per supply
day supply filled at a retail pharmacy	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
	No Calendar Year deductible applies	No Calendar Year deductible applies
More than a 30 day supply but less than a 91	\$40 copayment per supply	Not covered
day supply filled at a	Coinsurance is 100% (of the negotiated	
mail order pharmacy	charge)	
	No Calendar Year deductible applies	
Preferred brand-nai	me prescription drugs (including s	specialty drugs)
Per prescription cop	ayment/coinsurance	
For each fill up to a 30 day supply filled at a	\$30 copayment per supply	\$30 deductible per supply
retail pharmacy	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
	No Calendar Year deductible applies	No Calendar Year deductible applies
More than a 30 day	\$60 copayment per supply	\$60 deductible per supply
supply but less than a 91		
day supply filled at a	Coinsurance is 100% (of the negotiated	Coinsurance is 60% (of the recognized
day supply filled at a	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
day supply filled at a	` `	
day supply filled at a retail pharmacy More than a 30 day	charge)	charge)
day supply filled at a retail pharmacy More than a 30 day supply but less than a 91	charge) No Calendar Year deductible applies \$60 copayment per supply	charge) No Calendar Year deductible applies
More than a 30 day supply but less than a 91 day supply filled at a	charge) No Calendar Year deductible applies \$60 copayment per supply Coinsurance is 100% (of the negotiated	charge) No Calendar Year deductible applies
day supply filled at a retail pharmacy More than a 30 day supply but less than a 91	charge) No Calendar Year deductible applies \$60 copayment per supply	charge) No Calendar Year deductible applies

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Non-preferred brane	d-name prescription drugs (includ	ding specialty drugs)
Per prescription cop	ayment/coinsurance	
For each fill up to a 30 day supply filled at a	\$50 copayment per supply	\$50 deductible per supply
retail pharmacy	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
	No Calendar Year deductible applies	No Calendar Year deductible applies
More than a 30 day supply but less than a 91	\$100 copayment per supply	\$100 deductible per supply
day supply filled at a retail pharmacy	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
	No Calendar Year deductible applies	No Calendar Year deductible applies
More than a 30 day supply but less than a 91	\$100 copayment per supply	Not covered
day supply filled at a mail order pharmacy	Coinsurance is 100% (of the negotiated charge)	
	No Calendar Year deductible applies	
Orally administered	anti-cancer prescription drugs	
	ayment/coinsurance	
For each fill up to a 30 day supply filled at a	\$0 copayment per supply	\$0 deductible per supply
retail pharmacy	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
	No Calendar Year deductible applies	No Calendar Year deductible applies
More than a 30 day supply but less than a 91	\$0 copayment per supply	\$0 deductible per supply
day supply filled at a retail pharmacy	Coinsurance is 100% (of the negotiated charge)	Coinsurance is 60% (of the recognized charge)
	No Calendar Year deductible applies	No Calendar Year deductible applies
More than a 30 day supply but less than a 91	\$0 copayment per supply	Not covered
day supply filled at a mail order pharmacy	Coinsurance is 100%(of the negotiated charge)	
	No Calendar Year deductible applies	

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Preventive care drugs	100% per prescription or refill	Paid according to the type of drug per
and supplements filled		the schedule of benefits, above
at a pharmacy		
Maximums:	Coverage will be subject to any sex, age,	Coverage will be subject to any sex, age
	medical condition, family history, and	medical condition, family history, and
	frequency guidelines in the	frequency guidelines in the
	recommendations of the United States	recommendations of the United States
	Preventive Services Task Force. For	Preventive Services Task Force. For
	details on the guidelines and the	details on the guidelines and the
	current list of covered preventive care	current list of covered preventive care
	drugs and supplements, contact	drugs and supplements, contact
	Member Services by logging onto your	Member Services by logging onto your
	secure member website at	secure member website at
	www.aetna.com or calling the number	<u>www.aetna.com</u> or calling the number
	on your ID card.	on your ID card.
Risk reducing breast cancer prescription	100% per prescription or refill	Paid according to the type of drug per the schedule of benefits, above
drugs filled at a	No deductible applies	the scriedule of benefits, above
-	No deductible applies	
pharmacy	No deductible applies	
pharmacy	Coverage will be subject to any sex, age,	Coverage will be subject to any sex, age
_	Coverage will be subject to any sex, age, medical condition, family history, and	medical condition, family history, and
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the	medical condition, family history, and frequency guidelines in the
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States	medical condition, family history, and frequency guidelines in the recommendations of the United States
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For	medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the	medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care	medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact	medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your	medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your secure member website at	medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your secure member website at
pharmacy	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your	medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your

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Tobacco cessation prescription and over-the-counter drugs		
Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy	\$0 per prescription or refill No deductible applies	Paid according to the type of drug per the schedule of benefits, above
priarriacy		
Maximums:	Coverage is permitted for two 90-day treatment regimens only.	Coverage is permitted for two 90-day treatment regimens only.
	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered tobacco cessation prescription drugs and OTC drugs, contact Member Services by logging onto your secure member website at www.aetna.com or calling the number on your ID card.	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered tobacco cessation prescription drugs and OTC drugs, contact Member Services by logging onto your secure member website at www.aetna.com or calling the number on your ID card.

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General coverage provisions

This section provides detailed explanations about the:

- Deductible
- Maximum out-of-pocket limits
- Maximums

that are listed in the first part of this schedule of benefits.

Deductible provisions

Eligible health services applied to the out-of-network **deductibles** will be applied to satisfy the in-network **deductibles**. **Eligible health services** applied to the in-network **deductibles** will be applied to satisfy the out-of-network **deductibles**.

The **deductible** may not apply to certain **eligible health services**. You must pay any applicable **copayments/coinsurance** for **eligible health services** to which the **deductible** does not apply.

Individual

This is the amount you owe for in-network and out-of-network **eligible health services** each Calendar Year before the plan begins to pay for **eligible health services**. This Calendar Year **deductible** applies separately to you and each of your covered dependents. After the amount you pay for **eligible health services** reaches the Calendar Year **deductible**, this plan will begin to pay for **eligible health services** for the rest of the Calendar Year.

Family

This is the amount you and your covered dependents owe for in-network and out-of-network eligible health services each Calendar Year before the plan begins to pay for eligible health services. After the amount you and your covered dependents pay for eligible health services reach this family Calendar Year deductible, this plan will begin to pay for eligible health services that you and your covered dependents incur for the rest of the Calendar Year.

To satisfy this family **deductible** limit for the rest of the Calendar Year, the following must happen:

The combined eligible health services that you and each of your covered dependents incur towards the individual Calendar Year deductibles must reach this family deductible limit in a Calendar Year.

When this occurs in a Calendar Year, the individual Calendar Year **deductibles** for you and your covered dependents will be considered to be met for the rest of the Calendar Year.

Copayments

Copayment

As it applies to in-network coverage, this is a specified dollar amount or percentage that must be paid by you at the time you receive **eligible health services** from a **network provider**.

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Coinsurance

The specific percentage you and the plan have to pay for a health care service listed in the schedule of benefits.

Maximum out-of-pocket limits provisions

Eligible health services that are subject to the maximum out-of-pocket limit include prescription drug eligible health services provided under the medical plan outpatient prescription drug plan.

Eligible health services applied to the out-of-network maximum out-of-pocket limit will be applied to satisfy the in-network maximum out-of-pocket limit and eligible health services applied to the in-network maximum out-of-pocket limit will be applied to satisfy the out-of-network maximum out-of-pocket limit.

The maximum out-of-pocket limit is the maximum amount you are responsible to pay for copayments/coinsurance and deductibles for eligible health services during the Calendar Year. This plan has an individual and family maximum out-of-pocket limit. As to the individual maximum out-of-pocket limit each of you must meet your maximum out-of-pocket limit separately.

Individual

Once the amount of the **copayments/coinsurance** and **deductibles** you and your covered dependents have paid for **eligible health services** during the Calendar Year meets the individual **maximum out-of-pocket limit**, this plan will pay 100% of the **negotiated charge** or **recognized charge** for **covered benefits** that apply toward the limit for the rest of the Calendar Year for that person.

Family

Once the amount of the **copayments/coinsurance** and **deductibles** you and your covered dependents have paid for **eligible health services** during the Calendar Year meets this family **maximum out-of-pocket limit**, this plan will pay 100% of the **negotiated charge** or **recognized charge** for such **covered benefits** that apply toward the limit for the remainder of the Calendar Year for all covered family members.

To satisfy this family **maximum out-of-pocket limit** for the rest of the Calendar Year, the following must happen:

 The family maximum out-of-pocket limit is a cumulative maximum out-of-pocket limit for all family members. The family maximum out-of-pocket limit can be met by a combination of family members with no single individual within the family contributing more than the individual maximum out-ofpocket limit amount in a Calendar Year.

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The maximum out-of-pocket limit may not apply to certain eligible health services. If the maximum out-of-pocket limit does not apply to a covered benefit, your copayment/coinsurance for that covered benefit will not count toward satisfying the maximum out-of-pocket limit amount.

Certain costs that you incur do not apply toward the **maximum out-of-pocket limit**. These include:

- All costs for non-covered services
- All costs incurred for non-urgent use of an urgent care provider
- As it applies to out-of-network coverage: Charges, expenses or costs in excess of the recognized charge

Maximum provisions

Eligible health services applied to the **out-of-network** maximum will be applied to satisfy the network maximum and **eligible health services** applied to the network maximum will be applied to satisfy the **out-of-network** maximum.

Calculations; determination of recognized charge; determination of benefits provisions

Your financial responsibility for the costs of services will be calculated on the basis of when the service or supply is provided, not when payment is made. Benefits will be pro-rated to account for treatment or portions of stays that occur in more than one Calendar Year. Determinations regarding when benefits are covered are subject to the terms and conditions of the certificate.

Outpatient prescription drug maximum out-of-pocket limits provisions

Eligible health services that are subject to the **maximum out-of-pocket limit** include **eligible health services** provided under the medical plan and the outpatient **prescription drug** plan.

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