

# See your way to better health!

## Aetna Vision<sup>SM</sup> Program

Eye exams, eyewear savings and more.

### A healthy body starts with healthy eyes

With the **Aetna Vision program**, it's easy to take care of your eyes. You get covered eye exams, and can save on eyeglasses, LASIK and more.

Plus, you'll be doing your body a favor, too. Regular checkups can help your eye doctor spot signs of diabetes, brain tumors or high blood pressure. That's a big deal — since these conditions are easier to treat when caught early.<sup>1</sup>

### Get an eye exam — on us

Routine eye exams are short and simple. But they can really pack a punch! They're the best way to keep your vision sharp. Plus, they can help your eye doctor spot eye problems early, before they become a bigger issue.

That's why you're covered for *routine* eye exams through your Aetna health benefits or health insurance plan. To find out how often, just check your plan materials.

If you hurt your eye, or it gets infected, just visit your eye doctor. Or even your family doctor. These non-routine visits won't count against your covered eye exam(s) for the year. They'll be covered under your health plan — just like a doctor's visit for the flu would be.

### Save on glasses, contacts and LASIK

There's more! If you have an Aetna health plan, you also get the *Aetna Vision discount program* through EyeMed Vision Care. You can save on eyeglasses, contacts, LASIK and more.

The best part? There are no referrals, no claims and no limits to how often you can save.

#### *Some ways you save*

- Need another routine eye exam? If you've already had one through your health plan, it's easy to get another. Just visit any doctor in the EyeMed network — and pay \$42.\* To find a doctor fast, visit **www.aetna.com**.
- Want to blow the budget on fancy frames? You get 40% off retail.\*
- Get a specialty contact lens fit and follow up! Pay only \$10 off retail — plus the \$42\* exam fee.

#### *Locations*

Ready to start saving? Participating national chains include:\*\*

- JCPenney® Optical
- LensCrafters®
- Target Optical®
- Sears Optical®
- Pearle Vision®

Plus, you can visit many eye doctors in private practice. To find a place near you, go to **www.aetna.com**.



<sup>1</sup>See you at the office: Why vision care belongs in the workplace June 25, 2007. Accessed April 25, 2010 at <http://ebn.benefitnews.com>.

\*EyeMed Services and Compensation Schedule (1/10).

\*\*EyeMed Select Network and Provider List (1/10).



## Replace contacts in a blink

Lost a lens? You can get extra pairs mailed right to your home!

Just buy your first pair of prescription contact lenses through your doctor. Then call **1-800-391-LENS (5367)** to order a new pair.



## Get money off contacts and eyeglasses

Here's one more way to see the savings! We help you foot the bill for prescription eyeglasses or contact lenses. Just check your plan paperwork to see if you get this special allowance. If so, follow one of these choices:

### CHOICE #1:

#### Buy your eyewear at any location in the network

Your allowance comes right off your bill — which is already discounted. You just pay the rest. To find a location, call **1-800-793-8616**.

### CHOICE #2:

#### Buy your eyewear at any location

Pay the full bill. Then mail us the receipt that shows what you paid. We'll send you a check back for the amount that is most allowed by your plan.

But take note: If you want to get the vision discount *and* this allowance, you must buy your contacts or eyeglasses at a location in our network. (See Choice #1.)

## See your way to healthy vision, and a healthy body. Use your Aetna Vision Program today!

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Policy forms issued in Oklahoma: HMO OK COC-5 09/07, HMO/OK GA-3 11/01, HMO OK POS RIDER 08/07, GR-23 and/or GR-29/29N.

