

Vanderbilt University Medical Center Postdoctoral Trainee Benefit Program (PTBP)

How to Find a Provider Using the Insurance Carrier Directory

Important Note: Before selecting or visiting a provider, please call them to confirm if they are still an “In-Network Provider” with the insurance carrier.

Plan Type	Instructions
<p style="text-align: center;">Medical PPO: Aetna</p> 	<ol style="list-style-type: none"> 1. Visit: https://www.aetna.com/dsepublic/#/contentPage?page=providerSearchLanding&site_id=dse 2. Enter the type of provider or facility (example: General Practice) in the space “Search for” 3. Enter your zip code or city/state in the space “in” 4. Click the “SEARCH” button 5. Under Aetna Standard Plans, select Open Choice PPO 6. At this point, you may either narrow your search by the criteria provided, or view a list of <p style="margin-top: 10px;">If you have any questions, you may contact Aetna at 1-877-402-8742.</p>
<p style="text-align: center;">Dental HMO: Aetna</p> 	<ol style="list-style-type: none"> 1. Visit: https://www.aetna.com/dsepublic/#/contentPage?page=providerSearchLanding&site_id=dse 2. Enter the type of provider or facility (example: General Practice) in the space “Search for” 3. Enter your zip code or city/state in the space “in” 4. Click the “SEARCH” button 5. From the “Select a Plan” drop-down menu, under DMO/Managed Dental (<i>you will need to scroll all the way down to the bottom</i>), select Dental Maintenance Organization (DMO) 6. At this point, you may either narrow your search by the criteria provided, or view a list of dentists. The dentists will be listed in groups of 25, in alphabetical order. <p style="margin-top: 10px;">If you have any questions, you may contact Aetna at 1-877-402-8742.</p>

<p>Dental PPO: Aetna</p> 	<ol style="list-style-type: none"> 1. Visit: https://www.aetna.com/dsepublic/#/contentPage?page=providerSearchLanding&site_id=dse 2. Enter the type of provider or facility (example: General Practice) in the space “Search for” 3. Enter your zip code or city/state in the space “in” 4. Click the “SEARCH” button 5. From the “Select a Plan” drop-down menu, under Dental PPO/PDN with PPO II network (you will need to scroll all the way down to the bottom), select Dental PPO/PDN with PPO II 6. At this point, you may either narrow you search by the criteria provided, or view a list of dentists. The dentists will be listed in groups of 25, in alphabetical order. <p>If you have any questions, you may contact Aetna at 1-877-402-8742.</p>
<p>Vision: VSP</p> 	<ol style="list-style-type: none"> 1. Visit: https://www.vsp.com/find-eye-doctors.html?id=guest&fromPage=prospective 2. Enter your Zip Code and Home Address in the spaces provided 3. Enter your Zip Code 4. Under Doctor Network, choose “Select Network” 5. You may select an additional search option under “Preferred Language” or “Frame Brand” 6. Click “Search” 7. A list of Vision Providers will be provided online <p>If you have any questions, you may contact VSP at 1-800-877-7195.</p>