



healthiestyou[™]
By Teladoc

Save time and money:

- Talk to a Board Certified Physician 24/7/365
- No appointment necessary but scheduled appointments available
- 13 minute average consult time
- No consultation fee for UHCSR members*
- \$40 consultation fee for non-UHCSR members
- Avoid trips to the doctor's office, urgent care or emergency room
- Share consult results with your PCP
- Use whatever device is convenient - smart phone, tablet, computer, etc.* **

**When services are obtained during the policy effective dates.*

*** Telephone services and/or video chat availability is determined by state requirements.*

This service is available to members and dependents ages 18 and over.

HealthiestYou is not health insurance. HealthiestYou is designed to complement, and not replace, the care you receive from your primary care physician. HealthiestYou physicians are an independent network of doctors who advise, diagnose, and prescribe at their own discretion. HealthiestYou physicians provide cross coverage and operate subject to state regulations. Physicians in the independent network do not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. HealthiestYou does not guarantee that a prescription will be written. Services may vary by state.



Remote Access to Licensed Medical Doctors with HealthiestYou

We've partnered with HealthiestYou to provide you with round-the-clock access to board-certified physicians. UHCSR member and non-member students can connect with a physician via phone and/or video chat* using this nationwide telehealth service. During a physician consult, you will be able to speak to a physician for diagnosis and treatment of many different acute illnesses.

HealthiestYou also offers notifications via smart phone app - students may receive a notification when they arrive at an Emergency Room or Urgent Care Center. This notification will serve to remind you of your telehealth benefit that allows you to speak to a doctor without having to sit in a waiting room.

For more information, call 1-855-870-5858
or visit www.telehealth4students.com

