

Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions

aetnaSM

Informed Health[®] Line

Get your health questions
answered anytime, anywhere

www.aetna.com



Call our 24-hour nurse line for your health questions

When your health question can't wait, you have a resource to turn to — the Informed Health Line.

With one call, you can:

- Get information on a wide range of health and wellness topics.
- Get e-mails from a nurse with videos that are relevant to your question or topic.
- Make smarter health care decisions.
- Find out more about a medical test or procedure.
- Get help preparing for a doctor's visit.

It's toll-free. And you can call as many times as you need to — at no extra cost.

Get health information online, too

If you like to dig for health information on the web, you'll love this site.

You can:

- Use the symptom checker.
- Learn about a medical test that's coming up.
- Research a new medication you're taking and more.

Log in to your secure member website at www.aetna.com. Choose "Health Programs," then "24-Hour Nurse Line."

Ways to get health information fast

- Call a nurse at **1-800-556-1555**. For speech or hearing impaired, dial 711.*
- Visit your secure member website at www.aetna.com.

Get health information — when and where you need it.

Call **1-800-556-1555**. For speech or hearing impaired, dial 711.*
Or log in to www.aetna.com.

*Ask the relay operator to dial 1-800-556-1555 and select the option to speak to a nurse.

Health insurance plans are offered, underwritten or administered by Aetna Life Insurance Company and its affiliates (Aetna).

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to www.aetna.com.

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